



ART  
THERAPY  
STUDIO

## 2008 ANNUAL REPORT



“Progress of Hope” by Gloria Ferris  
9 x 12 watercolor and marker

Artist Statement: What does this piece mean to you?

“When the Art Therapist showed up at my door I first rejected her invitation into art therapy. My day had been extremely fatiguing and depressing, then she asked the question, ‘Do you like watercolors?’ Immediately she convinced me to try my hand at painting a sunset on canvas.

The result was a painting I love and  
a day of despair was replaced with hope.

In this piece the colors represent all of the feelings felt while being rehabilitated, from the darkness of confusion and frustration to the yellow light and warmth of hope.”

*Gloria created this painting during her stay in the hospital after experiencing a stroke.*

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## 2008 PROGRAMS: 1,706 clients served

Hospital In-Patients Art Therapy offered bedside or in small groups to help reduce patient anxiety, increase self-expression, and begin to cope with change after traumatic injury or illness. Currently specializing in working with brain, spinal cord injury or stroke patients at MetroHealth Rehabilitation Institute of Ohio.

**501 clients for a total of 1389 client sessions**

Community Studios 1 1/2 to 2 hour classes once/week for 10 weeks. Studios located at Fairhill Center, Ursuline College, River's Edge and at MetroHealth. Classes in watercolor, acrylics, clay, collage, drawing, and other media. Participants include anyone with special needs (physical, mental or emotional), caregivers, retired people, and people looking for art instruction in a supportive environment.

**169 clients for a total of 512 client sessions**



On-Site at Community Agencies We will send an Art Therapist to provide direct service (anywhere from 2 - 30 hrs/wk) to your clients at your location. In addition to providing therapeutic art for special needs clients, we provide corporate wellness workshops for employees. Clients included: Cleveland Clinic Pediatric Oncology and Taussig Cancer Center, Medical Mutual, United Cerebral Palsy, Eliza Bryant Village, Addiction Recovery Services, The Gathering Place, Positive Education Program and Goodwill.

**595 clients for a total of 2654 client sessions**

Professional Education We offer CEU's for social workers, counselors, psychologists, Occupational Therapists, Physical Therapists, MR/DD Facilitators, Caseworkers and Activity Professionals to learn about using art with clients.

May: "Design a Life: A Community of Ideas" held in conjunction with Cleveland State University, Cleveland Institute of Art, and The Cleveland Clinic. Mihaly Csikszentmihalyi, Ph.D., author of *Flow: The Psychology of Optimal Experience* delivered the Keynote Address. An ATS client spoke on a panel about how she has benefited by attending classes at ATS and 46 hands-on creative workshops were presented by Cleveland artists and creative arts therapists.

We also serve as a resource for Art Therapy to the community through our website and Art Therapy Info Sessions.

**441 clients for a total of 441 client sessions**

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## FUNDRAISING

400 people attended our Dessert Competition, "Sweet Treasures in the Mist", including 28 competitors who presented 48 desserts, 14 culinary judges, 45 volunteers, and 323 guests. \$47,500 was raised at this highly successful event, generously supported by 19 corporate donors. Special thanks to Chairperson Tina Korting for all of her hard work!

## AWARDS

- Cuyahoga County Board of Mental Retardation and Developmental Disabilities gave ATS an award in recognition of "efforts in expanding opportunities for people with MR/DD".
- One of our clients was recognized at the County Board of Mental Health with a one-man art show on display.
- Former Board President Sandy Opacich was recognized as one of Cleveland's 10 Most Treasured Volunteers by the Center for Community Solutions.
- Board Member Pat Gajda received the Karl S. Hay Community Service Award from her Legal Firm and designated ATS to receive a donation in her honor.

## ARTICLES

- 3/3/08 new Board Officers were listed in "Going Places" in Crain's Cleveland Business
- 6/19/08 Currents "Social Concerns" article about ATS
- 10/13/08 The Plain Dealer "Out&About" and 11/20/08 Currents featured photos and articles about our fundraising event, Sweet Treasures in the Mist
- 12/15/08 ATS was profiled as a "Place of Note" in the Healthcare issue of Crain's Cleveland Business

## SPECIAL PROJECTS

- The AATA (American Art Therapy Association) Conference was held in Cleveland in November, bringing art therapists from all over the country.
- Martha Stitt, Clinical Program Coordinator, presented to a group of Turkish arts educators visiting Cleveland in an effort to create an after school arts program for marginalized youth in Istanbul, Turkey.
- Karen Peterson, Executive Director, presented in New York City at a conference sponsored by Vanderbilt University Medical Center, Society for the Arts in Healthcare, and the Museum of Modern Art on the importance and value of art within the context of health care delivery systems.
- The Children's Guild chose ATS to partner with and receive the proceeds from their Golf Classic held at The Country Club in July.



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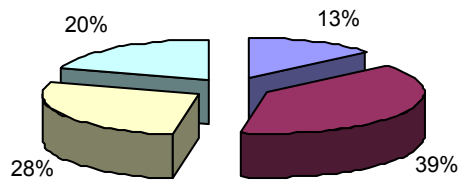
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### SETTING STRATEGIC DIRECTION

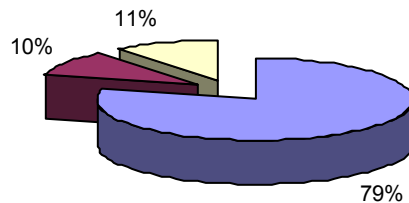
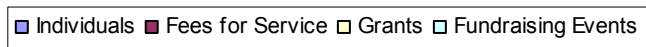
The ATS Board gathered in February to review and honor our past 40 years, and to begin the strategic planning process for 2009-2011. The planning process included six in-depth meetings with a target focus on how to integrate together and to build capacity in Programs, Finance, Operations, Communications and People/Policy/Practice. Details of the plan will be announced in the 2009 Annual Report.

The Art Therapy Studio was co-founded in 1967 by Dr. George Streeter, a psychiatrist/artist and Mickie McGraw, an artist/therapist. Both turned to art as a way to cope with serious physical illnesses—he with tuberculosis and she with polio. They had first hand experience as to the power of healing through art.

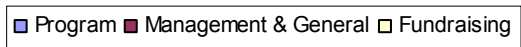
For over 40 years, the Art Therapy Studio has provided art therapy services for those with special needs as well as individuals and groups seeking wellness. Our Art Therapists provide programs based on the belief that self-awareness through art enhances the quality of life. The Art Therapy Studio is proud to be the oldest hospital based art therapy program in the United States.



**INCOME \$313,188**



**EXPENSES \$286,770**



The Art Therapy Studio is a 501(c)(3) organization that does not receive government funding or insurance reimbursements.

## 2008 DONORS

### \$30,000 +

Cleveland Foundation

### \$20,000

Bruening Foundation

### \$10,000 - \$15,000

Loegler, Julianne  
(Virginia Loegler Fund)  
The Children's Guild

### \$5,000 - \$9,999

Graham Hunter Foundation  
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Zinicola, Raymond  
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White, Tim  
Urbancic, Sarah  
Judson  
Champion, Candice  
Hill, Cindy  
Esposito, Margaret  
White, Sandy & Stence  
Wallis, Mary  
Sech, Jayni  
Cobb, Sandra  
Bland, Janice  
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Valentine, Beth & Mike  
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Monahan, Marianne  
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Miranda, Rosella  
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Woods, Claudia  
Christensen, Diane  
Lynch, Delores  
Treu, Kurt & Chris  
Spinelli, Linda  
Balaguer, Jim & Connie  
Kwait, Sally  
Westlock, Jeannine  
Schiele, Marcia  
Peereboom, Karen  
Shaheen, Brett  
Proscia, Joanne  
Cikra, Joan  
Barry, Margie  
von Engelbrechten, Sarah  
Hornack, Janice  
Holz, Nancy & Dave  
Kozar, Rosemary  
Schulze, John & Sally  
Kramer, Joan  
Hickox, Martha  
Abrams, Louise  
Pallante, Ro  
O'Malley, Maureen  
Deming, David  
Eklund, John  
Schreckengost, Virgene  
Galvin, Jan

Conway, Sheryl  
Neth, Clarence & Joan  
Duke, Katherine  
Weiss, Dr. Robert  
Hunter, David  
Treu, Kris  
Horwitz, Natalie  
Eiben, Dr. Robert  
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\$50 - 99

Bender, Jody  
Klemencic, Cathy  
Plottner, Nicolette & David  
Kerkel, Lynn  
Richardson, Nancy  
Nintcheff, Linda  
Hadden, Elaine  
White, Sandi  
Post, Frances  
Taft, Frances & Seth  
Russ, Brenda  
Downham, Theresa  
Anochin, Tania  
Thum, Carol  
Bonning, Francis  
Bakalarz, Kristen  
Carter, Sue  
McBride, Mary  
Weber, Mary Lou  
Maloney, Pamela  
Weber, Jean  
Niazov, Louisa  
Fasko, Mary Lou  
Shemanski, Lori  
Bazzarelli, Bob  
Lauer, Emily  
Peterson, Laura  
Beatty, Kristi  
Postotnik, Mollie  
Gilligan, Carol  
Verplatse, Carolyn  
Gisser, Marcia  
Sherman, Judith  
Greene, Thomas  
Oakes, Carolyn  
Scarr, Robert  
Salomon, Elizabeth  
Moyer, Robert  
Friedman, Mr. & Mrs. Sydney  
Herrick, Thomas & Marilyn

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Williams, Richard  
McWilliams, Kathie  
Zinn, Wendy  
Ilkanic, Ellen  
Lindan, Dr. Rosemary  
Laundy, H. Howard  
Skerl, Richard  
Krent, Evelyn  
Tesler, Elaine  
Klein, Matthew  
Donley, Mr. and Mrs. William  
Kelly, Katie  
Dreben, Dr. Elizabeth  
Gothe, Barbara  
Wetherell-Sack, Gail

**In Memory of...**

Lisa Neville  
by Pat and Jim Neville  
Judith Rosselli  
Esther Rosenberg  
by Louis Greenberg  
Marian Jones  
by Nicholas Jones  
Ralph L. Weir III  
by Leif & Susan Weir-  
Ancker  
Elsie Moses  
by Dr. & Mrs. Joseph  
Moses  
Karen Lange  
by Kathleen Jonozzo  
Patricia DiMatteo  
Morton Gross  
by Mr. & Mrs. Harlan  
Sherman  
Sidney Rosen  
by Faye Reuven  
Grady Zeigler  
by Susan Weir-  
Ancker  
Ray Bland  
by Janice Bland  
Viktor Schreckengost  
by Virgene Schreckengost  
John Spohn  
by Joan Spohn  
Bruce Sinzinger  
by Jean Sinzinger  
Ralph Brody  
by Phyllis Brody

**In Honor of...**

Jennifer Schwartz-Wright  
by Marvin Schwartz  
Denise Cohn  
by Louis Greenberg  
Mickie McGraw  
by Dr. Robert Eiben  
Martha Hickox  
Karen Peterson  
by Jayni Sech  
Dr. George Streeter  
by Elaine Hadden  
Maureen Moses  
by her students  
Joan Kramer  
Clayton Koppes  
Bill Norris  
Sandy White  
by Thomas & Marilyn  
Herrick  
Alexander & Janice Aitken  
by Marilyn Pennington  
Charles Hunscher  
by Faye Reuven

**In Kind Donations**

Albert Uster Imports  
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cations  
Judge Peter Sikora

**2008 Volunteers**

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Nancy Holz  
Scott Pollock  
Sharon Jokela  
Sue Grant  
Martha Seidenwand  
Candice Champion  
Margaret Briller  
Amy Johnson  
Tina Korting

*We are grateful to receive interns from:  
Ursuline College Art Therapy &  
Counseling Program and  
Case Western Reserve University*



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**2008 STAFF**

Executive Director

Karen B. Peterson, MA

Office Manager

Lynn Lee

Clinical Program Coordinator

Martha C. Stitt, ATR-BC,  
LPCC, LICDC

Art Therapists

Denise Cooper, ATR, PC

Kim Gazella, ATR

Molly O'Neill Haaga, AT, PC

Annette Kent, AT

Susan Michelson, ATR

Maureen Baddour Moses,

ATR-BC

Rosalia Rozsahegyi, LPAT,

ATR-BC

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Sandy White

Honorary Members

Carol Kelley

George Streeter, MD\*

*\* Co-founders of the Art Therapy  
Studio*

**ART THERAPY**

- o Helps people cope with change after a traumatic accident
- o Helps abused children express themselves without words
- o Provides focus and a way to find peace for those with mental illness
- o Helps children with autism relate to the world around them
- o Provides control and a sense of self to people with cancer and other illnesses
- o Teaches new skills and enriches lives of senior citizens
- o Supports anyone in the community interested in wellness

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