

# ART THERAPY STUDIO



**Professional Education Workshop**

**Friday, April 1, 2011**



## **Schedule:**

*8:30-9:00 Registration*

*9:00-12:00 Workshop - Part I*

*12:00-12:30 Lunch*

*12:30-3:30 Workshop - Part II*

# ethics: creating healthy boundaries

The program begins with Dr. Brennan's lecture which is based on her many years of teaching ethics and conducting workshops in ethics. Theoretically it is based on the notion that all behavior springs from internal psychic states. Helping practitioners understand which of their mental states may predispose them to committing an ethical violation is at the heart of this presentation. For ethics education to be successful, practitioners must understand themselves and their own potential areas of weakness. This presentation guides participants toward that understanding by incorporating experiential activities and providing a framework through which they can identify and neutralize psychic energies which left unchallenged could lead to ethical violations.

Jennifer Schwartz Wright will then lead participants through an expressive art project to reinforce and integrate what was presented by Dr. Brennan.

## Workshop - Part I

Cecile Brennan, Ph.D.

Clinical Mental Health Counseling Program  
Coordinator at John Carroll University

Most ethical infractions are committed by counselors fully apprised as to what the law and standards require of them. This ethics presentation will focus on the counselor/professional. Consideration of the ethics involved in counseling members of racial, ethnic and sexual minorities as well as those with disabilities will also be central to this presentation. These are areas that often cause the counselor to experience issues of countertransference, and to move from an open counseling stance to a judgmental position. Recognizing this and putting in place a system for managing these emotions will assist the counselor in adhering to equitable counseling practice.

## Workshop - Part II

Jennifer Schwartz Wright, MAAT, ATR-BC  
Adjunct Faculty at Ursuline College Graduate Art  
Therapy and Counseling Program

In this workshop, participants will visualize and explore their professional boundaries using simple mixed media art techniques. Participants will come away from this workshop with reinforced healthy boundaries, a deeper understanding of the hazards to avoid, and a permanent representation of these professional attributes.

No prior art experience is necessary, but a willingness to represent yourself visually within this group of fellow helping professionals is essential.

### Who should attend:

Individuals presently engaged as a counselor or in a helping profession.

### Conference Goals for Participants:

- Understand how serious ethical violations can be committed by well-intentioned, well-trained practitioners.
- Identify potential ethical "problem areas" within themselves.
- Implement a personalized, proactive program to decrease the likelihood of committing an ethical violation.

**FRIDAY, APRIL 1, 2011**

### Workshop will be held at:

Visiting Nurse Association  
2500 E. 22nd Street  
Cleveland, OH 44115

Centrally located; near I90 & I77; free parking

Questions? Call the Art Therapy Studio (216) 791-9303  
or email at [info@arttherapystudio.org](mailto:info@arttherapystudio.org)

\*Email confirmation will be sent with map

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Type of CEU's needed: \_\_\_\_\_

Phone: \_\_\_\_\_

\*e-mail: \_\_\_\_\_

**Discount if Registered by 3/25/2011** - Fee: \$90 includes two workshops, ceu's, lunch & art supplies;

**After 3/25/11:** Fee: \$100;

**Standard Fee:** \$75 if ceu's are not needed

### Payment Method:

Check (payable to Art Therapy Studio)

Credit Card # \_\_\_\_\_  
Expiration Date \_\_\_\_\_

### Box Lunch Choice:

- Vegetarian Farmer's Market sandwich
- Smoked ham, Brie, apple slices, spinach and onions
- Turkey, smoked bacon, Swiss, lettuce, tomato

**Return to: Art Therapy Studio**

**12200 Fairhill Road Cleveland, OH 44120**

**Fax (216) 791-5610**

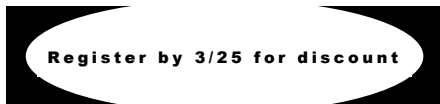
## INVITE A FRIEND

- *Social Workers*
- *Counselors*
- *MR/DD Facilitators*
- *Caseworkers*
- *Chemical Dependency Counselors*
- *Activity Professionals*
- *Medical Students*
- *Nurses*
- *Physicians*
- *Psychiatrists*
- *Psychologists*
- *Nursing Home Administrators*
- *Educators*
- *Art and Music Therapists*
- *Occupational, Physical and Recreational Therapists*

**\*Email confirmation  
will be sent with  
map & parking info**

**Continuing Professional Education** Continuing Professional Education Credits (for social workers and counselors) are have been approved through the MetroHealth System for successful completion of designated courses. MetroHealth System is an approved provider of the Ohio Social Worker (#RSX048809) & Counselor (#RCX089203) Board. The Ohio Board of Nursing will accept continuing education hours approved by the Ohio Counselor & Social Worker Board to meet the continuing education requirements for nurses. Continuing Education Credits have been approved through the Ohio Department of Developmental Disabilities, the Ohio Occupational Therapy Board, and the National Certification Council for Activity Professionals. The Art Therapy Credentials Board (ATCB) will accept documented continuing education hours to meet continuing education requirements for art therapists. *Contact Hours: 6.0 hours.*

**Refund Policy:** A refund (less \$20 service fee) will be given to participants canceling enrollment provided at least 48 hours notice is given. Since each workshop session has a limited number of participants and also since catering arrangements are made in advance, refunds will not be given to those canceling with less than 48 hours notice.



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