



# ART THERAPY STUDIO

12200 FAIRHILL ROAD  
CLEVELAND, OH 44120  
(216) 791-9303

Visit our Website  
to learn more about the benefits of art therapy.  
[www.ArtTherapyStudio.org](http://www.ArtTherapyStudio.org)  
E-mail: [info@ArtTherapyStudio.org](mailto:info@ArtTherapyStudio.org)

## Spring 2010 Class Schedule

### Mission Statement

*Enhancing the quality of life for children and adults affected by spinal cord injury, brain trauma, stroke and multiple sclerosis through the therapeutic use of art.*

For over 25 years, we have offered unique, innovative community-based art therapy programs. Our studios are places where clients participate in creative arts classes structured to provide an expressive outlet. Broadly encompassed under the title "Discover the Artist Within You", the programs consist of quarterly group sessions that focus on specific issues and various approaches to art. A wellness component also brings together people who wish to use the creative arts as a means of stress reduction and personal growth.

Our art therapists are skilled artists who are also trained to share the healing power of art to those with special needs as well as those interested in general wellness and relaxation.

Community-based classes are offered at four sites: **Eastside Studios at Fairhill Partners and Ursuline ArtSpace and Westside Studios at MetroHealth Medical Center & River's Edge.** Beginners are welcome and all supply fees are included! No experience necessary!

**If you would like to register or receive info on scholarships, please contact us at (216) 791-9303.**

## FAIRHILL STUDIO CLASSES

### Open Studio Tuesday!

This is your opportunity to work on art projects of your choice. Whether you are working with clay, paints or want to explore something new, let us help you achieve your artistic vision!

**Tuesdays, 1:00-3:00**

**April 6 - June 8**

**10 wks.**

Facilitator: Rosalia Rozsahegyi, ATR-BC

**Fee: \$120**

### Women's Painting Group

Explore the versatility of Watercolors & Acrylics to create paintings that reflect spontaneity and imagination. You will be introduced to theory, illustrations and study tips to help you create from the heart. For our representational artist, space will be provided to allow you to continue your individual pursuits with guidance as well.

**Wednesdays, 9:30-11:30**

**April 7 - June 9 (no class 5/26)**

**9 wks.**

**Fee: \$108**

Facilitator: Rosalia Rozsahegyi, ATR-BC

### Creative Clay Works

Using midrange firing clays, we will explore basic clay-forming techniques as they have been utilized from ancient times to the present. Beginning with exercises to familiarize students with the physical nature of clay, we will then move into processes of pinching, paddling, coiling, and slab forming. Project themes will focus on the creation of vessels and sculptural forms. Various painting techniques such as Chinese brush painting will be explored. Facilitator: Rosalia Rozsahegyi, ATR-BC

**Wednesdays, 12:30-2:30**

**April 7 - June 9 (no class 5/26)**

**9 wks.**

**Fee: \$122**

### Painting with Watercolors & Acrylics

Explore the versatility of Watercolors/Acrylics/Pastels as we paint in the medium of your choice. The class will encourage students to create paintings that speak to their interests which may include working from reference photos or the imagination.

Facilitator: Rosalia Rozsahegyi, ATR-BC

**Fridays, 1:00-3:00**

**April 9 - June 11 (no class 4/23)**

**9 wks.**

**Fee: \$108**

## URSULINE STUDIO CLASSES

**STUDIO LOCATED ON URSULINE COLLEGE CAMPUS-ArtSpace Studio - 2600 Lander Road, Pepper Pike, OH 44124**

### Watercolors - Fun with Fundamentals

We will explore transparent watercolor techniques and then give you the chance to try out each technique while painting different types of pictures. Landscapes will be our beginning point, but other subjects will also be used.

Facilitator: Martha Stitt, ATR-BC, LPCC, LICDC

**Tuesdays, 10:00 - 12:00      April 6 - June 8      10 wks.      Fee: \$120**

### Creative Drawing

Looking at everyday objects and learning to draw them will be our focus in this class. This requires us to learn to really "see" the object and then to learn how to draw what we see. We will look at the drawings of the old masters to see what techniques they used to make their drawings look real. Pencil, charcoal, chalks and other media will be used.

Facilitator: Martha Stitt, ATR-BC, LPCC, LICDC

**Tuesdays, 1:00 - 3:00      April 6 - June 8      10 wks.      Fee: \$120**

### Mixed Media: Paper Bag Books & Other Funky Art

BACK by popular demand...this class will introduce students to creating fun books out of simple and inexpensive materials. Once you learn the basic techniques your creativity will come out and the fun begins. All types of papers, fabrics, paints, ribbons, and found objects will be used.

Facilitator: Martha Stitt, ATR-BC, LPCC, LICDC

**Fridays, 10:00-12:00      Apr. 9 - June 11 (no class 4/23)      9 wks.      Fee: \$108**

### Acrylic Painting

We welcome newcomers who want to learn how to paint, as-well-as persons with some painting experience. There will be demonstrations about color mixing and how color can influence the mood of your paintings. Group and individual instruction. Come and explore the world of creative painting.

Facilitator: Martha Stitt, ATR-BC, LPCC, LICDC

**Fridays, 1:00-3:00      Apr. 9 - June 11 (no class 4/23)      9 wks.      Fee: \$108**

## RIVER'S EDGE STUDIO CLASSES

### Get Creative with Watercolor

Explore the art of watercolor media including the techniques the pro's use as well as using watercolor with collage and pastels. No prior experience necessary!

Facilitator: Denise Cooper, ATR-BC

**RIVER'S EDGE STUDIO IS LOCATED WITHIN THE ST. JOSEPH CENTER, 3430 Rocky River Dr., Cleve., OH 44111**

**Mondays, 11:00-1:00      April 5 - June 7 (no class 5/31)      9 wks.      Fee: \$108**

## METROHEALTH STUDIO CLASSES

### Discover the Artist Within You!

This small unique class is designed to help people with special needs feel comfortable about joining an art class. If you have been in an accident, had a stroke or have some other disability, our experienced art therapists are here to get you started creating!

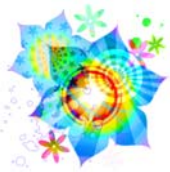
Facilitator: Kim Gazella, ATR

**STUDIO IS LOCATED AT METROHEALTH MEDICAL CTR., 7TH FLOOR, HAMANN BLDG., 2500 MetroHealth Drive., Cleve., OH 44109**  
**Wednesdays, 1:30-3:30      April 7 - June 9      10wks.      Fee: \$90**



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12200 FAIRHILL ROAD  
CLEVELAND, OH 44120  
(216) 791-9303



## Spring 2010 Class Schedule

### REGISTRATION

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

Day Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_

E-Mail Address \_\_\_\_\_

MC/Visa # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Please register me for:

CLASS TITLE	LOCATION	DAY/TIME	FEE

Please make check payable and return to:

**ART THERAPY STUDIO**, 12200 Fairhill Road, Cleveland, OH 44120  
Questions? Call us at 216/791-9303.