



# ART THERAPY STUDIO

12200 FAIRHILL ROAD  
CLEVELAND, OH 44120  
(216) 791-9303

Visit our Website  
to learn more about the benefits of art therapy.  
[www.ArtTherapyStudio.org](http://www.ArtTherapyStudio.org)  
E-mail: [info@ArtTherapyStudio.org](mailto:info@ArtTherapyStudio.org)


## Summer 2010 “Discover the Artist Within You” Class Schedule

### Mission Statement

*Enhancing the quality of life for children and adults affected by spinal cord injury, brain trauma, stroke and multiple sclerosis through the therapeutic use of art.*

For over 25 years, we have offered unique, innovative community-based art therapy programs. Our studios are places where clients participate in creative arts classes structured to provide an expressive outlet. Broadly encompassed under the title “Discover the Artist Within You”, the programs consist of quarterly group sessions that focus on specific issues and various approaches to art. A wellness component also brings together people who wish to use the creative arts as a means of stress reduction and personal growth. Our art therapists are trained to share the healing power of art to those with special needs as well as those interested in general wellness and relaxation.

Community-based classes are offered at four sites: **Eastside Studios at Fairhill Partners and Ursuline ArtSpace and Westside Studios at MetroHealth Medical Ctr. & River’s Edge.** Beginners are welcome and all supply fees are included! No experience necessary!

 I am pleased to announce we are offering **TWO NEW CLASSES** - specifically for those who have had a **stroke or have Multiple Sclerosis**. If you or a loved one have MS or have had a stroke, join us to get out of the house, be with others who have also been effected by a stroke or MS, be inspired by the creativity of the Studio, and try different art projects! Our Art Therapists are here to provide compassionate guidance to support your process. New students are welcome to bring a family member/caretaker with them at no charge. That’s 2 for the price of 1! As Delores, one of our current students who has had two strokes says, “I am SO GLAD I took my social worker’s advice and came to the Art Therapy Studio. It has helped me in more ways than you can imagine. I have regained use of my hands and above all learned patience. I look forward to coming to the Studio every week!”

If you would like to register or receive info on scholarships, please contact us at (216) 791-9303.


## FAIRHILL STUDIO CLASSES

### Open Studio Tuesday!

This is your opportunity to work on art projects of your choice. Whether you are working with clay, paints or want to explore something new, let us help you achieve your artistic vision!

**Tuesdays, 1:00-3:00**      **June 29 - August 31 (no class 8/3)**      **9 wks.**      **Fee: \$108**  
Facilitator: Rosalia Rozsahegyi, ATR-BC

### Art Therapy for Stroke Survivors

 Join others who want to feel better about themselves while engaging in a journey of self-discovery through the art making process. The Art Therapy Studio provides a safe and creative space to support each other as you find healthy ways to express emotions, communicate non-verbally and regain confidence through a variety of art projects. The experience of making art takes into account physical, cognitive and psychological factors that are important in stroke rehab and recovery. No previous art experience is required and caregiver’s are welcome.

Facilitator: Rosalia Rozsahegyi, ATR-BC  
**Tuesdays, 11:00-12:15**      **August 10 - September 7**      **5 wks.**      **Fee: \$40**

### Women’s Painting Group

Explore the versatility of Watercolors & Acrylics to create paintings that reflect spontaneity and imagination. You will be introduced to theory, illustrations and study tips to help you create from the heart. Exploration in printmaking will also be included in this session.

Facilitator: Rosalia Rozsahegyi, ATR-BC  
**Wednesdays, 9:30-11:30**      **June 30 - September 8 (no class 7/28, 8/4)**      **9 wks.**      **Fee: \$108**


## FAIRHILL CLASSES CONTINUED...

### Creative Clay Works

Using midrange firing clays, we will explore basic clay-forming techniques as they have been utilized from ancient times to the present. Beginning with exercises to familiarize students with the physical nature of clay, we will then move into processes of pinching, paddling, coiling, and slab forming. The Summer season will inspire projects such as pots, garden décor and mini sculptural vessels. Facilitator: Rosalia Rozsahegyi, ATR-BC

**Wednesdays, 12:30-2:30    June 30 - September 8 (no class 7/28 or 8/4)    9 wks.    Fee: \$122**

### Media Exploration for those with Multiple Sclerosis

 Join others with MS to explore and experiment with art media in the safe and supportive environment of the Art Therapy Studio. Whether experienced in the creative arts, or just looking for a new opportunity, explore a variety of creative techniques including painting, collage, printmaking, clay, and sculpture, inspired by artists of the past and present. Under the direction of an art therapist, find new ways to communicate, celebrate strengths, develop a personal style, and share in the creative process with others. Caregivers are welcome to attend.

Facilitator: Kate Strazisar ATR-BC, LSW

**Thursdays, 1:00-3:00    July 22-August 19    5 wks.    Fee: \$60**

### Expressive Language of Color

Bold and expressive color will be highlighted as a means to create beautiful and expressive works of art. Different media will be explored including painting (acrylics & watercolor) and printmaking. Students will be encouraged to develop their own unique approach that reflects personal style and taste. Instruction will be provided and all levels of skill are welcome.

Facilitator: Rosalia Rozsahegyi, ATR-BC

**Fridays, 1:00-3:00    July 1 - September 2 (no class 8/6)    9 wks.    Fee: \$108**

## RIVER'S EDGE STUDIO CLASSES

### Get Creative with Watercolor

Explore the art of watercolor media including the techniques the pro's use as well as using watercolor with collage and pastels. No prior experience necessary! Facilitator: Denise Cooper, ATR-BC

**RIVER'S EDGE STUDIO IS LOCATED WITHIN THE ST. JOSEPH CENTER, 3430 Rocky River Dr., Cleve., OH 44111**

**Mondays, 11:00-1:00    June 28 - August 30 (no class 7/5)    9 wks.    Fee: \$108**

## METROHEALTH STUDIO CLASSES

### Discover the Artist Within You!

This small unique class is designed to help people with special needs feel comfortable about joining an art class. If you have been in an accident, had a stroke or have some other disability, our experienced art therapists are here to get you started creating! Facilitator: Kim Gazella, ATR

**STUDIO IS LOCATED AT METROHEALTH MED. CTR., 7TH FLOOR, HAMANN BLDG., 2500 MetroHealth Drive., Cleve., OH 44109**

**Wednesdays, 1:30-3:00    June 30 - September 1 (no class 7/28)    9wks.    Fee: \$81**

# URSULINE STUDIO CLASSES



**STUDIO LOCATED ON URSULINE COLLEGE CAMPUS**  
**ArtSpace Studio**  
**2600 Lander Road, Pepper Pike, OH 44124**

## Painting

The landscapes of summer will be our theme for painting with either watercolor or acrylic paints. Weather and light will be two elements that we will use to make some exciting paintings. Class demonstrations and inspiration from other painters will guide us. Whether you are a beginner, or more advanced painter...all are welcome. Beginners are given special instruction to get them started with acrylic paints.

Facilitator: Martha Stitt, ATR-BC, LPCC, LICDC

**Tuesdays, 10:00 - 12:00      June 29 - August 31      10 wks.      Fee: \$120**

## Creative Drawing

Looking at everyday objects and learning to draw them will be our focus. Media will be pencil, charcoal, chalks, etc. All skill levels are welcome to come. Facilitator: Martha Stitt, ATR-BC, LPCC, LICDC

**Tuesdays, 1:00 - 3:00      June 29 - August 31      10 wks.      Fee: \$120**

## Mixed Media: The Ultimate "Green Art"

We will use all manner of things found around the house to create cards to send your family and friends for holidays and special occasions. We will begin by creating some unique papers to use in our cards. Even if you cannot "draw", anyone who can cut, tear and glue can create beautiful images using collage techniques. We will teach you the basics and get you started, then the sky is the limit.

Facilitator: Martha Stitt, ATR-BC, LPCC, LICDC

**Fridays, 10:00-12:00      July 2 - September 3**  
**10 wks.      Fee: \$120**

## Acrylic Painting

Differing styles of painting people will be the focus for this class. We will look at people in paintings, as well as portraits of people. How to capture a gesture or likeness will be our challenge. We welcome newcomers who want to learn how to paint, as-well-as persons with some painting experience. Group demonstrations and individual instruction are always available. Come and explore the world of creative painting.

Facilitator: Martha Stitt, ATR-BC, LPCC, LICDC

**Fridays, 1:00-3:00      July 2 - September 3**  
**10 wks.      Fee: \$120**





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## Summer 2010 Class Schedule

### REGISTRATION

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

Day Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_

E-Mail Address \_\_\_\_\_

MC/Visa # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Please register me for:

CLASS TITLE	LOCATION	DAY/TIME	FEE

Please make check payable and return to:

**ART THERAPY STUDIO**, 12200 Fairhill Road, Cleveland, OH 44120  
Questions? Call us at 216/791-9303.