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Permit #131  
Cleveland, OH

Center for Therapy through the Arts/The Art Studio  
12200 Fairhill Road  
Cleveland, OH 44120



To Register Call: (216) 791-9303  
[www.TherapyThruArt.org](http://www.TherapyThruArt.org)

**INVITE A FRIEND**

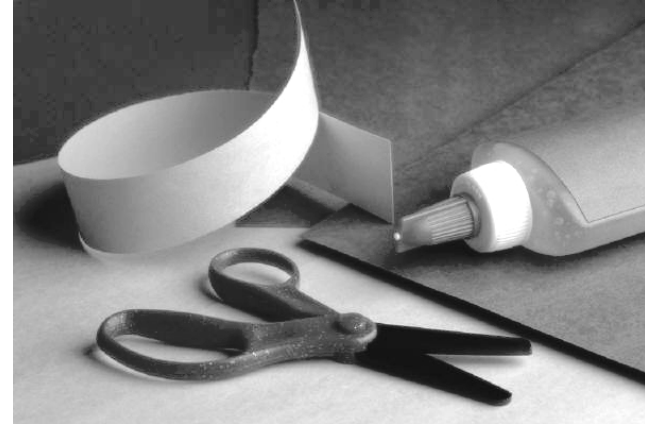
- Social Workers
- Counselors
- MR/DD Facilitators
- Caseworkers
- Chemical Dependency Counselors
- Activity Professionals
- anyone interested in learning about Art Therapy, writing, and movement



# Making a Creative Connection

CENTER FOR THERAPY THROUGH THE ARTS/THE ART STUDIO

**INSPIRATION THROUGH ART**



DATES: 09/15/06  
09/16/06

**INSPIRATION THROUGH ART**

- Inspiring way to earn CEU's - Design your own day!
- Inspiring location - Trinity Commons, 2230 Euclid Ave, Cleveland, conveniently located near I90, I71, I77 with free parking, gardens, shops and a café!
- Inspiring workshops - applicable to working with special needs clients!

Co-Sponsored by Western Reserve Geriatric Education Center



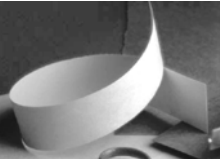

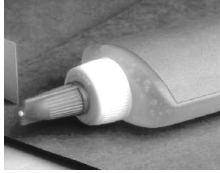
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CENTER FOR THERAPY THROUGH THE  
 ARTS/THE ART STUDIO

**FRIDAY SEPTEMBER 15**

**SATURDAY SEPTEMBER 16**

8 am - 11 am Registration/Continental Breakfast	Session 1 8:30 - 10:30 am <i>choose one</i>	Session 2 10:45 - 12:45 <i>choose one</i>	Session 3 1:30 - 3:30 pm <i>choose one</i>	Session 4 3:45 - 5:45 pm <i>choose one</i>	
	<b>A. Creativity from Chaos</b>  <i>Barbara DiScenna</i>	<b>E. Brown Bag Inspiration</b>  <i>Jennifer Lesiw</i>	12:45 - 1:30 pm Lunch	<b>I. Inspiring Women Artists</b>  <i>Rosalia Rozsahegyi</i>	<b>M. Brown Bag Inspiration</b>  <i>Jennifer Lesiw</i>
	<b>B. Poetic Inspiration</b>  <i>Linda Robiner</i>	<b>F. Dancing with the Muse</b>  <i>Tria O'Maille</i>		<b>J. Book of Truths</b>  <i>Maureen Moses</i>	<b>N. Sing the Body Electric</b>  <i>Tria O'Maille</i>
	<b>C. On the Surface</b>  <i>Maureen Moses</i>	<b>G. Seasons of Giving (part 1)</b>  <i>Kim Gazella</i>		<b>K. Seasons of Giving (part 2)</b>  <i>Kim Gazella</i>	<b>O. Portal to Creativity</b>  <i>Michele Amato</i>
<b>D. Empowering Symbols</b>  <i>Martha Stitt</i>	<b>H. World of Ideas</b>  <i>Mickie McGraw</i>	<b>L. Inside Look at Art Therapy</b>  <i>Martha Stitt</i>		<b>P. Art Therapy Education</b>  <i>Mickie McGraw</i>	

Session 5 9:00 - 11:00 am <i>choose one</i>	Session 6 11:15 - 1:15 pm <i>choose one</i>	
<b>Q. Close Knit (part 1)</b>  <i>Melissa Blount</i>	<b>T. Close Knit (part 2)</b>  <i>Melissa Blount</i>	
<b>R. Creating a Visual Affirmation (part 1)</b>  <i>Shelley Robinson</i>	<b>U. Creating a Visual Affirmation (part 2)</b>  <i>Shelley Robinson</i>	
<b>S. Sample Art Therapy Techniques</b>  <i>Linda Nintcheff</i>	<b>V. Art of Prayer Flags</b>  <i>Gretchen Miller</i>	



After September 8th, fees increase from \$30 per session to \$35 per session. *Workshop sizes are kept small to provide personal attention. Registering early will increase your chances of attending your first choices.*

**Continuing Professional Education**

Continuing Professional Education Credits (for social workers and counselors) are pending through The Art Studio and the Western Reserve Geriatric Education Center for successful completion of designated courses. The Art Studio is an approved provider of the Ohio Social Worker & Counselor (#RCX110502) Board. The Western Reserve Geriatric Education Center is an approved provider of the Ohio Social Worker (#RSX100503) & Counselor Board. The Ohio Board of Nursing will accept continuing education hours approved by the Ohio Counselor & Social Worker Board to meet the continuing education requirements for nurses. Continuing Education Credits are pending through the Ohio Department of Mental Retardation and Developmental Disabilities, the Ohio Occupational Therapy Board, the National Certification Council for Activity Professionals, and various other organizations. The Art Therapy Credentials Board (ATCB) will accept documented continuing education hours to meet continuing education requirements for art therapists.

*Workshops need a minimum of 6 participants to be scheduled. Contact Hours: 2 hours per session*

Phone registrations can be made by calling (216) 791-9303. If you are submitting this to your employer for payment, you might wish to call and register by phone to assure that you receive the workshops of your choice. This will avoid unnecessary delays in your registration. Credit card information is required to hold reservation. You may pay by cash, check, company check, or credit card on the day of the workshop, however, a Visa/MasterCard number is required to confirm and hold your reservation.

Confirmation letter and map will be sent prior to the workshop. Please dress comfortably!

**Refund Policy:** A refund (less \$20 service fee) will be given to participants canceling enrollment provided at least 48 hours notice is given. Since each workshop session has a limited number of participants and also since catering arrangements are made in advance, refunds will not be given to those canceling with less than 48 hours notice.



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FRIDAY SEPTEMBER 15

CENTER FOR THERAPY THROUGH THE  
 ARTS/THE ART STUDIO

Session 1  
 8:30 - 10:30 am

- A. Creativity from Chaos - Barbara DiScenna, ATR, LPC, LSW** - Learn a watercolor resist technique that may inspire those who have lost the spark within. This colorful and energetic process has been used with adolescents and adults, and can be adapted for those who have had traumatic life experiences including loss and disabilities.
- B. Poetic Inspiration - Linda Goodman Robiner, M.Ed.** - Reading and writing simple poetry has the power to deepen and enrich our lives. Doing so can restore our sense of energy, meaning, and purpose. Brief writing exercises in a safe space will help us harness the sounds, sights, and rhythms of our own lives, so that we and our clients may heal. There will be voluntary non-judgmental sharing of writing, and discussion about applications in various clinical settings.
- C. On the Surface - Maureen Baddour Moses, MA, ATR-BC** - Try numerous methods of surface designs using low fire clay, a common clay used in therapeutic settings. Try slip designs, sgraffito, carving, and bas-relief. You will also learn how to use these techniques in combination with therapeutic tasks with clients.
- D. Empowering Symbols - Martha C. Stitt, ATR-BC, LPCC, CCDCIIIIE** - Throughout centuries individuals and cultures have created paintings, sculptures, and jewelry as symbols of their ideas of deities, war, peace, protection, and freedom. Gain understanding of Tibetan symbols and learn to adapt them for use with diverse treatment groups. Learn creative ways to bring different cultures together, encourage positive self-expression and increase self-confidence in individuals and groups.

Session 2  
 10:45 am - 12:45 pm

- E. Brown Bag Inspiration - Jennifer Lesiw, MA, ATR** - Simple materials used creatively! Create a brown bag book from collage materials that can be adapted for a variety of themes. Through hands on experience we will learn how material choices, step by step directions, and simple art materials can inspire success for artistic expression.
- F. Dancing with the Muse - Tria O'Maille, MA, ADTR, MA Rel.Ed., RYI** - Movement preferences can be inspiration for healthy physical and emotional development. We will explore Laban Movement Analysis (LMA) both cognitively and experientially. Learn how to employ LMA principles for assessing physical, emotional, and spiritual development in several different populations. No previous movement experience is necessary - except "breathing out (expiring) and breathing in (inspiring)".
- G. Seasons of Giving (part 1) - Kim Gazella, MA, ATR** - Nature inspires art! This is a special 4 hour workshop - you must also register for workshop K, Session 3. We become inspired through the anticipation of the arrival of each new season. Try four success oriented, seasonal projects (winter, spring, summer, fall). See how the art provides opportunities for our clients to experience meaningful self-expression, sensory stimulation, and the exploration of the media. These great ideas work well with clients who demonstrate decreased energy or endurance, or to provide encouragement for clients to focus on their strengths and identify their support systems.
- H. World of Ideas - Mickie McGraw, ATR-BC** - Each of us has a unique world-view. We cope with stress, trauma and significant life events in very personal ways. We often struggle with how to best communicate our feelings and ideas. Using the techniques and images of well-known artists for inspiration, learn how the visual arts, such as painting, printmaking and collage, provide a unique alternative to words for personal expression.

Session 3  
 1:30 - 3:30 pm

- I. Inspiring Women Artists - Rosalia Rozsahegyi, ATR-BC, LPAT** - Review the artistic process of Georgia O'Keeffe, Frida Kahlo, and Agnes Martin. Discuss how personal convictions inspire artistic expression. Try an art experience to find the source of inspiration closest to your heart, and be inspired to create a therapeutic setting for your clients.
- J. Book of Truths - Maureen Baddour Moses, MA, ATR-BC** - Create your own book of wisdoms and truths you value and wish to pass on to family and friends. Using guided imagery, bookmaking and collage, we will begin to create some of the pages of your book. This art project is wonderful to use with all ages and populations to help them define important values in their lives.
- K. Seasons of Giving (part 2) - Kim Gazella, MA, ATR** - Nature inspires art! This is a special 4 hour workshop - you must also register for workshop G, Session 2.
- L. Inside Look at Art Therapy - Martha C. Stitt, ATR-BC, LPCC, CCDCIIIIE** - Come understand what a powerful tool art therapy can be for your clients. The field of Art Therapy grew out of early forms of psychiatric treatment and has rapidly developed into a unique, internationally recognized treatment modality. View part of the video, "Art has Many Faces" by Judith A. Rubin, Ph.D., learn how art therapy is utilized today, discuss art therapy assessments, and the difference between art therapy and art activities.

Session 4  
 3:45 - 5:45 pm

- M. Brown Bag Inspiration - Jennifer Lesiw, MA, ATR** - Simple! See description E above.
- N. Sing the Body Electric - Tria O'Maille, MA, ADTR, MA Rel.Ed., RYI** - The body doesn't lie and many therapists are incorporating "body work" into their practice. Discuss and experience Dance Movement Therapy (DMT) and some tools of body-centered psychotherapy. Learn about DMT ethics, training process and credentialing process.
- O. Portal to Creativity - Michele Tarsitano-Amato, MA, ATR-BC** - Allow your inner creativity to flow and release as you learn to silk paint on pre-stretched Mandala forms. Find inner beauty and inspiration through the portal to creativity and self-discovery. Learn to allow the technique of silk painting to combine with the power of the Mandala to reflect your inner spirit.
- P. Art Therapy Education: What, Where & How - Mickie McGraw, ATR-BC** - Curious about the field of art therapy - what it is, where it is used and what it takes to enter the field? You will be introduced to a brief history of art therapy, educational prerequisites, art therapy educational requirements, training options, employment opportunities and the use of art therapy by professionals in related fields. This interactive workshop will provide the opportunity for individual questions. Informational handouts will be distributed.

