Dear Friends of the Art Therapy Studio,

Once again, it is my honor to greet you. As you read our Annual Report, I ask you to note two things. First, 2018 was a year of exciting financial growth. Our numbers tell the story of both operational and program growth. We expanded our contracted services with Metro Health through their Victims of Crime Assistance grant, Cleveland Public Library, the Department of Veterans Affairs, and Eliza Bryant Village. We were also able to provide wage increases and hire more dedicated artists.

The second thing I ask is that you take the time to enjoy the beautiful art created at the Art Therapy Studio, please see insert.

David, Exploring new media and materials

At the Art Therapy Studio, David can create art in a therapeutic setting with a focus on the process of art-making. I can work through mental issues and replace them with something better. "We have been friends with the therapists and other students in our classes - getting to know them and understanding their backgrounds and challenges."

David enjoys the Discover the Artist classes because it "allows two hours to be creative. It also helps me to work through mental issues and replace them with something better. I enjoy the challenging aspects of the feedback I get from others about my art work." The class is also an opportunity to build social skills and strengthen senses. "The class helps me to see things in a new way." The class provides the opportunity to build social skills and strengthen senses. "The class helps me to see things in a new way." The class provides the opportunity to build social skills and strengthen senses.

Artistic Spotlight: David

David, a long-time participant in our classes, has been attending Art Therapy Studio for over 10 years between the Fairhill, River's Edge, and now SPACES locations. He enjoys the new SPACES location, which represents a "new beginning". His favorite aspect of the program is meeting and interacting with new people. 

Currently he is working on a series of watercolor and ink works that incorporate a watercolor background and the use of printmaking overlay. David's interest in printmaking stems from his experience working as a printer. He enjoys experimenting with the process of printmaking and creating unique print blocks to create his work.

David's passion for art and printmaking led him to create artwork that reflects his experiences and personal growth. His art is a reflection of his journey and the challenges he has faced.

David's work has been featured in several local exhibitions and he has received recognition for his contributions to the Art Therapy Studio community. He is a regular participant in the Discover the Artist classes and enjoys sharing his experiences with others.

As loyal friends and supporters, I thank you once again. Because of your faith in our mission, the healing of mind, body and spirit will continue to flourish.

Chris Tieu
President, Board of Trustees
On the cover: Artist Profile: Scott Mars

Scott has been attending Discover the Artist classes at the Art Therapy Studio for over 10 years and has fallen in love with painting and has become a successful self-taught painter. Scott is one of the original clients that discovered the healing qualities of art and has been a loyal supporter of the Art Therapy Studio. Scott enjoys art as a form of relaxation and as a means of self-expression. He is very passionate about his art and has a deep commitment to helping others find their own unique creative expression. Scott’s art is a testament to his dedication to the healing power of art and his passion for creating beautiful works of art that inspire and uplift others.

The Art Therapy Studio is a place where everyone is welcome to explore their creative side and find their own unique voice. The studio is open to anyone and is designed to meet the specific needs of each client. Art Therapy Studio is unique in providing a credentialed art therapist, along with supervision, administrative support, and ongoing training.

Scott has also been involved in the Art Therapy Studio’s community programs, helping to mentor and support other artists in their creative exploration. Scott is a true advocate for the healing power of art and is committed to sharing his knowledge and experience with others. He is a true inspiration to the Art Therapy Studio and its community of artists.
Once again, it is my honor to greet you. As you read our Annual Report, I ask you to note two things. First, 2018 was a year of exciting financial growth. Our numbers tell the story of both operational and program growth. We expanded our contracted services with Metro Health through their Victims of Crime Assistance grant, Cleveland Public Library, the Department of Veterans Affairs, and Elisa Bryant Village. We were also able to provide wage increases and hire new therapeutic art therapists.

The second thing I ask is that you take the time to enjoy the beautiful art created by our clients. With each stroke of the brush, turn of the clay wheel and weaving of fabric, our therapeutic art services come to life. I am so proud of the work our clients have done. With each stroke of the brush, turn of the clay wheel and weaving of fabric, our therapeutic art services come to life. I am so proud of the work our clients have done.

In the summer of 2018, Executive Director Shannon Scott-Miller requested a status change to Clinical Director. Our Trustees unanimously honored her request. We then welcomed Rachel Kinker who assumed the position of Administrative Director. Our Board of Trustees is confident that contract generation, therapist oversight as well as prudent financial management will be well served with this leadership transition.

As loyal friends and supporters, I thank you once again. Because of your faith in our mission, the healing and socialization and the feedback I get from the families and friends of the clients who use our services, the support and encouragement of our staff and volunteers. And of course, because of the generous support of the residents of Cuyahoga County through a public grant from the Fowler Family Foundation, which seeks to weave the arts and culture into the fabric of our community.

2018 Staff

Our 2018 staff includes the following therapists and support staff:

- Rachel Kinker, MPA, Clinical Director
- Brett Shaheen, Pulsar Paper
- Jaclyn Staple, Chris Treu
- Ruth Stahler, The Treehouse
- Dave Voll & Lena Mrazek
- Cindy Deckerhoff, Always Reaching
- Hope McGuan, Turquoise Thomas
- Hannah Sullivan, Sarah Wasserman
- Adam Zimmerman, Turquoise Thomas

2018 Financials

Our contract services are customizable, fully integrated fee-for-service programs and support and continuing education for our staff – all as part of our services.

2018 Overview

In 2018, we reached:

- 4,629 individuals
- 493 inpatient sessions
- 50 outpatient sessions
- 462 contract sessions
- 15,649 group sessions
- 925 individual sessions
- 847 couples sessions
- 816 family sessions
- 816 children’s sessions
- 656 senior sessions
- 623 inpatient sessions
- 507 couples sessions
- 507 family sessions
- 507 children’s sessions
- 507 senior sessions
- 507 inpatient sessions

ARTIST SPOTLIGHT

David, Exploring new media and materials

At the Art Therapy Studio, David can create art in a therapeutic setting with a focus on the process of art-making. He can work through mental issues and replace them with something better. He is free from connectives with his art therapists and other students in his classes – getting to know them and understanding their backgrounds and challenges.

David enjoys the Discover the Artist classes because it allows two hours to be creative. It also helps him work through mental issues and replace them with something better. He is free from connectives with his art therapists and other students in his classes – getting to know them and understanding their backgrounds and challenges.

David has been attending Discover the Artist classes for over 10 years between the Parma, River’s Edge, and now SPACES locations. He enjoys the new SPACES location, an environment “where you can be yourself, everything is low stress and tidy, and it is an interesting neighborhood with fun art shows and shops to explore.”

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2018 ANNUAL REPORT

Chris Treu
served with our leadership staff.

Financial management will be well

Studio remains the gold standard of excellence for each and every client.

both Portage and Summit Counties while we continue to thrive in Cuyahoga

and weaving of fabric, our therapeutic art services come to life. I am so

Once again, it is my honor to greet you. As you read our Annual Report, I ask

Always Reaching

by Cynthia Deckerhoff

Happy As Pie

$1,000-$4,999

$18,470 ...................Individuals

$19,386 .........................Fundraising ............3%

INCOME FROM OPERATIONS .......$659,228

Our contract services are customizable, fully integrated fee-for-service programs
designed to meet the specific goals of each partnering agency. Art Therapy Studio is
unique in providing a credentialed art therapist, along with supervision, supportive
and continuing education for our staff – all as part of our services.

2018 OVERVIEW

Discover the Artist within You (DTA) Community Classes

Our community classes offer participants the opportunity to make art that is central
to the healing process. Classes utilize creative therapeutic arts techniques in group
settings to focus on creating art that has personal meaning. Our credentialed art
therapists provide a safe and supportive space for individuals to build on personal
strengths and explore possibilities.

2018 BOARD OF TRUSTEES

2018 STAFF

ART THERAPY STUDIO

Core Values

Creativity, Health and Wellness
Empowerment, Inclusiveness, Collaboration,
Accountability, Sustainability

Core Values

to enhance the quality of life for those with
emotional, cognitive, or physical challenges
through the therapeutic use of art

contracted services at community agencies

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2018 FINANCIALS

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$158,336 ..........Management & General ..........25%

$18,470 ...................Individuals

$19,386 .........................Fundraising ............3%

EXPENSES ..........................$937,903

$142,500 ...............Funding & Administration ....22%

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Core Values
- Creativity
- Health and Wellness
- Empowerment
- Inclusivity
- Accountability
- Sustainability

2018 Overview

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2018 Financials

INCOME FROM OPERATIONS: $505,228
$156,708 Fee for Service
$142,500 Funding
$18,470 IN-Kind
$705,347 Grants
$15,503 Funding event

Expenses

$48,306 EXPENSES: $535,346
$19,386 Fundraising
$516,708 Fee for Service
$18,470 Individuals

Art Therapy Studio’s programs are made possible in part thanks to the generous support of the residents of Greater Cleveland through a public grant from Cuyahoga Arts & Culture.
Therapy Studio’s mission, the healing power of the Art, is deeply rooted in the faith that our clients can transform their lives through the creative process. As loyal friends and supporters, we are pleased to share that the Art Therapy Studio has also extended our reach to new audiences through events like “Discover the Artist” and “New Beginnings.”

The Art Therapy Studio remains the gold standard of excellence for each and every client. We are grateful for the support of our community in making this possible, including the Cleveland Public Library, the Department of Veterans Affairs, and other generous donors.

In 2018, we reached 112 number of scholarships provided, 15,694 number of individuals served, and 4,423 number of unique individuals served. Our contract services are custom-tailored to meet the specific needs of our clients across various communities.

Additionally, the Art Therapy Studio is committed to sustainability and continues to explore new ways to reduce its environmental impact. In 2018, we reached 112 number of scholarships provided.

Our mission is to enhance the quality of life for those with emotional, cognitive, or physical challenges through the therapeutic use of art.
President, Board of Trustees
to flourish.

I thank you once again. Because of our partnerships, we have been able to serve with our leadership staff. Our therapists continue to prove on a daily basis that the Art Therapy Studio remains the gold standard of excellence for each and every client. The second thing I ask is that you take the time to enjoy the beautiful art made possible in part thanks to the generous support of the Char and Chuck Campomizzi Foundation. The Art Therapy Studio is a 501(c)(3) organization. To make a tax-deductible gift to support the work of the Art Therapy Studio, please see insert.

The Art Therapy Studio is a 501(c)(3) organization. To make a tax-deductible gift to support the work of the Art Therapy Studio, please see insert.

Dr. William Woody, MD

I appreciate the new SPACES location, an opportunity to work with others and explore. Currently, he is working on a series of watercolor and ink works that incorporate a variety of techniques that define his practice. Scott has been attending Discover the Artist classes at the Art Therapy Studio since 2013.

My visual senses and memory also allows my mind to relax and exercises my ability to listen to my intuition.

At the Art Therapy Studio, David can create small to large-scale works of art. He enjoys the new SPACES location, an environment is important to Scott, “I love the fact that art can be an opportunity to work with others and explore.”

I am doing it for the healing and the process. If I sell something, that needs to be expressed and I have that at Art Therapy Studio. I am doing it for the healing and the process. If I sell something, that needs to be expressed and I have that at Art Therapy Studio. I am doing it for the healing and the process. If I sell something, that needs to be expressed and I have that at Art Therapy Studio. I am doing it for the healing and the process. If I sell something, that needs to be expressed and I have that at Art Therapy Studio.
### EXPANDING OUR REACH IN THE COMMUNITY

Art Therapy Studio has seen an increased presence in the community over the past 5 years, with a history spanning 52 years. We would like to thank our clients, funders, community partners, board of trustees, board-certified therapists and staff, and volunteers who have supported the mission of Art Therapy Studio to enhance the quality of life for those with physical, emotional, or cognitive challenges through the therapeutic use of art. We look forward to our continued growth and expansion into the community.

#### WHAT STAFF ARE SAYING

**Unique Clients**

- "I love the idea of using my art, ideas and vision to engage my clients in their interest and needs. When the experiences come together, it's just awesome!"

- "I believe that making art is a basic human endeavor that heals and enhances a life. I love being a part of the process in people's lives, I love talking about and making art. I love being present when other people have a 'light bulb' moment through an art process."

- "Art has always been a big part of my life. I enjoy sharing my knowledge with others, guiding them through the creative process and assisting with the planning and problem solving in the art and helping them to carry that process into their everyday lives. The art helps them to express themselves, to process their experiences and to heal."

#### CONTRACTS

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<td>Scholarships</td>
<td>Scholarships</td>
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#### WHAT STAFF ARE SAYING

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- "I believe that making art is a basic human endeavor that heals and enhances a life. I love being a part of the process in people's lives, I love talking about and making art. I love being present when other people have a 'light bulb' moment through an art process."

- "I am able to affect change and support people in a creative way. It is rewarding to see someone grow and benefit from art therapy. Client resilience inspires me."

#### CONTRACTS

- Motorhealth service expansion to include adult outpatient oncology clients receiving chemotherapy and/or radiation treatment.
- Began partnership with Family and Community Services to provide services to veterans in transitional housing in Warren, Ohio.
- Expanded partnership with Cleveland Public Library through community-based art therapy program for adolescents at-risk neighborhoods at 2 branch locations.
- Began services with Highland Springs for adults facing mental health challenges and addiction.
- 73% increase in services with Motorhealth.

**Contract Income:** $224,905.64

**Contract Ranges:**

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</table>

**GRANTS:** $62,969

#### WHAT STAFF ARE SAYING

**Unique Clients**

- "In partnership with Life Exchange Center, secured funding from Cuyahoga County Board of Alcohol, Drug Addiction and Mental Health Services to begin art therapy program in 2015.

- Contract Income: $308,157.05

  **Contract Ranges:**

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**Contract Income:** $365,313.68

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**Contract Income:** $478,740.54

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**Contract Income:** $516,708.00

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**Contract Income:** $105,947

**GRANTS:** $51,375

**GRANTS:** $80,495

**GRANTS:** $71,375

**GRANTS:** $59,436.55

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**GRANTS:** $62,969

**GRANTS:** $105,947

**GRANTS:** $71,375

**GRANTS:** $80,495

**GRANTS:** $59,436.55

**GRANTS:** $62,969

---

**2014**

**4,423**

**2015**

**7,126**

**2016**

**121**

**Unique individuals**

**127**

**Unique individuals**

**102**

**Scholarships**

---

**2017**

**104**

**Unique individuals**

**120**

**Scholarships**

---

**2018**

**4,423**

**15,694**

**127**

**Unique individuals**

**112**

**Scholarships**

---

**WHAT STAFF ARE SAYING**

"I am able to affect change and support people in a creative way. It is rewarding to see someone grow and benefit from art therapy. Client resilience inspires me."

"I believe that making art is a basic human endeavor that heals and enhances a life. I love being a part of the process in people’s lives, I love talking about and making art. I love being present when other people have a ‘light bulb’ moment through an art process."

"Art Therapy Studio is wonderful because of how supportive and kind the staff are. I feel like part of a team. I love working in a community-like environment (community mental health), having long-term clients. I like being a part of something special and beneficial, I like how rewarding the work feels."

"I really enjoy not only making art but appreciating what is created. Allowing others to experiment and the process of creating something unique is a powerful experience; it leads to deeper insight of simple elevation."

"Art has always been a big part of my life. I enjoy sharing my knowledge with others, guiding them through the creative process and assisting with the planning and problem solving in the art and helping them to carry that process into their everyday lives. The art helps them to express themselves, to process their experiences and to heal."

---

**Landscape**

by Jim Herman

---

**Untitled**

by Adrianne Pitts

---

**Untitled**

by Lamont Williams

---

**Untitled**

by Linda Green

---

**Untitled**

by Malikah Walker

---

**We Are Art**

by Chandra Weatherspoon

---

**Sister Spirit**

by Danae Austen

---

**Off The Mother Land**

by览zale

---

**Valor Home Veterans Group Weaving**

by Larry Nelson
Dear Friends of the Art Therapy Studio,

Once again, it is my honor to greet you. As you read our Annual Report, I ask you to note two things. First, 2018 was a year of exciting financial growth. Our numbers tell the story of both operational and program growth. We expanded our contracted services with Metro Health through their Victims of Crime Assistance grant, Cleveland Public Library, the Department of Veterans Affairs, and Eliza Bryant Village. We were also able to provide wage increases and hire four additional therapists.

The second thing I ask is that you take the time to enjoy the beautiful art created by our clients. With each stroke of the brush, turn of the clay wheel and weaving of fabric, our therapeutic art services come to life. I am so grateful for the generosity of the residents of Northeast Ohio communities to engage in a meaningful way and increase access to the arts.

At the Art Therapy Studio, David can create in a therapeutic setting with a focus on the process of art-making. He can work through mental issues and replace them with something better. He is also able to connect with new art therapists and other students in his classes. We then can get to know them and understand their backgrounds and challenges.

David enjoys the Discover the Artist classes because it allows two hours to be creative. He also enjoys the work through metal arts. I have the opportunity to work with others and express myself with art. I enjoy the connection and the feedback I get from others about my artwork. The class is also an opportunity to build skills and understanding. The class helps my visual senses and memory and also allows my mind to relax and exercise my mind at the same time. I feel stress free after painting. The class has been a calming experience and I have learned a lot. I can keep the process steady and enjoy it all. You have an opportunity to work with others and explore.

Currently he is working on a series of watercolor and ink works that incorporate a watercolor background and the use of printmaking elements. David created his own templates—which he has given the term “imagery”—from stamps by using pen to create the variation in depth necessary for printmaking. Through this process he has made unique print blocks to create his work. David was drawn to experimenting with this new process because of his interest in graphic art.

David has been attending Discover the Artist classes for over 15 years between the Parmiter, River’s Edge, and now SPACES locations. He enjoys the new SPACES location, an environment “where you can be yourself, everything is low stress and it is an interesting neighborhood with fun art shows and shops to explore.”

I thank you once again. Because of her request. We then welcomed Rachel Kinker who assumed the position of Executive Director. The Art Therapy Studio is a 501(c)(3) non-profit organization designed to meet the specific goals of each partnering agency. Art Therapy Studio is committed to meeting the needs of our clients, providing support and continuing education for our staff – all as part of our services.

The Art Therapy Studio’s programs are made possible in a meaningful way and increase access to the arts.

Cynthia Deckerhoff

Executive Director

2018 FINANCIALS

2019 OVERVIEW

ARTIST SPOTLIGHT

David, Exploring new media and materials

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