“Discover the Artist Within You”
Community Art Classes
for adults, seniors, and those with specific needs
2019 FALL CLASSES

GROWTH. HEALING. WELLNESS.
What distinguishes our studio from other class offerings in the area? Our credentialed art therapists are fluent in both art techniques and instruction as well as the use of art for self-expression.

No art experience necessary.
For over 50 years, the Art Therapy Studio has offered unique and innovative community-based art therapy programs. We are a safe and supportive environment where participants can make art and express themselves. Our classes are open to everyone, including individuals with specific physical, emotional, or cognitive needs. Individuals seeking a wellness approach to health are also encouraged to join.

• Classes are open to the community.
• Beginners are welcome.
• All supplies are provided.
• Scholarships are available for those in need.

REGISTER BY SEPTEMBER 20, 2019
To register, call the office at
216-791-9303
Please send fees to:
ART THERAPY STUDIO
12200 Fairhill Road, Cleveland, OH 44120

SCHOLARSHIPS: Scholarship assistance is available to qualified “Discover the Artist Within You” participants. Call 216-791-9303 for details.

PAYMENT, REFUNDS & CANCELLATIONS: Payment for class is due at time of registration. There will be no make-up classes, refunds or class credit given.

CLASS CONFIRMATION: We do not mail confirmation of class registrations. We will contact you only if a class is filled or canceled (A class requires a minimum of 5 people registered to take place). If you do not hear from us, attend the class as scheduled.

Mission Statement
Enhancing individuals’ quality of life through therapeutic art.

CELEBRATING 52 YEARS OF MAKING ART WITH MEANING

12200 Fairhill Road, Cleveland, OH 44120 • (216) 791-9303
www.ArtTherapyStudio.org • info@arttherapystudio.org
FAIRHILL STUDIO CLASSES
LOCATED IN THE FAIRHILL PARTNERS BUILDING • 12200 Fairhill Road, Cleveland

**MONDAY**

**SENIORS’ PAINTING GROUP**
Whether you’re a beginner or a more experienced student, come explore the fundamentals of painting with instruction and guidance. Learn about a new artist and painting style each week, and choose to work in their style or your own.
1:00-3:00 pm
11 weeks (Oct. 7 - Dec. 16)  
Fee: $176

**WEDNESDAY**

**FAIRHILL STUDIO CLASSES**

**BREATHE, RELAX, CREATE**
Stress can block the creative process. Explore how deep breathing and meditation can enhance creativity and self-awareness prior to drawing, painting and collage making.
10:00-12:00 pm
10 weeks (Oct. 10 - Dec. 19) NO CLASS Nov. 28th
Fee: $160

**THURSDAY**

**FIBER ARTS**
Explore the use of yarn, fiber and fabric for self-expression and relaxation. Discover ways to weave, stitch and collage with fiber while taking advantage of the sensory and textural qualities of fiber arts.
1:00-3:00 pm
10 weeks (Oct. 10 - Dec. 19) NO CLASS Nov. 28th
Fee: $160

**FRIDAY**

**OPEN STUDIO**
Enjoy the small group setting with personalized guidance to explore drawing, painting, collage, or printmaking for self-expression or relaxation.
1:00-3:00 pm
11 weeks (Oct. 8 - Dec. 17) 
Fee: $176

**CREATIVE CLAYWORKS**
Explore the basics of building clay pieces by hand, successful glazing, and utilizing mixed media to express yourself and your style.
1:00-3:00 pm
11 weeks (Oct. 9 - Dec. 18) 
Fee: $195

**SENIORS’ PAINTING & DRAWING 101**
Develop your own drawing style as we use simple exercises to learn the basics of how to draw. We will also explore the basics of acrylic and watercolor painting.
10:00-12:00 pm
11 weeks (Oct. 8 - Dec. 17) 
Fee: $176

**FREESTYLE FRIDAYS**
Whether your interest lies in painting, drawing, or mixed media; we can guide you to create distinctive artworks.
1:00-3:00 pm
10 weeks (Oct. 11 - Dec. 20) NO CLASS Nov. 29th
Fee: $160

**SENIORS’ PAINTING GROUP**
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**TUESDAY**

**URSULINE**

**LOCATED ON URSULINE COLLEGE CAMPUS • 2600 Lander Road, Pepper Pike**

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<thead>
<tr>
<th>Class</th>
<th>Time</th>
<th>Fee</th>
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<tbody>
<tr>
<td>DISCOVER THE ARTIST WITHIN YOU</td>
<td>10:30 -12:00 pm</td>
<td>$145 – Parking is not included</td>
</tr>
<tr>
<td>DISCOVER THE ARTIST WITHIN YOU</td>
<td>1:00-2:30 pm</td>
<td>$145 – Parking is not included</td>
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**TUESDAY**

**METROHEALTH STUDIO CLASSES**

**LOCATED AT METROHEALTH SENIOR HEALTH & WELLNESS CENTER • Old Brooklyn Campus 4229 Pearl Road, Cleveland**

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<thead>
<tr>
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<th>Fee</th>
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<tbody>
<tr>
<td>MIXED MEDIA MAGIC</td>
<td>10:00-12:00 pm</td>
<td>$176</td>
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<tr>
<td>OPEN STUDIO</td>
<td>1:00-3:00 pm</td>
<td>$176</td>
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**WEDNESDAY**

**SPACES**

**2900 Detroit Avenue, Cleveland**

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<tr>
<th>Class</th>
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<tbody>
<tr>
<td>MEDIA SAMPLER</td>
<td>11:00-1:00 pm</td>
<td>$176</td>
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*Original artwork by Robert A. Hill*
Join us in congratulating Michelle Epps and Cheryl Pete in their new roles at Art Therapy Studio. Cheryl Pete will be taking over as Clinical Director and Michelle Epps is joining us as our new Executive Director. Next time you are at the studio, be sure to stop in and say "hi" to both of them! We also want to take this time to thank Shannon Scott-Miller for acting as Interim Director during our transition and wish her success in her future endeavors.